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## **Sewa Houston Annual Fundraiser - HELP 2016**

HOUSTON - September 25, 2016 - Sewa International's Annual Fundraiser H.E.L.P 2016 was attended by more than 500 people that included performers and volunteers. The event was a gathering of people of diverse backgrounds with the common thread being their commitment to Service or Sewa .It was a beautiful event with inspiring speeches, scintillating performances and mouth watering spread catered by Bhojan. Among the distinguished guests of the evening was the chief guest and keynote speaker of the evening Superintendent H.D. Chambers, who spoke passionately about the work Sewa International does to serve the refugee and immigrant students of Alief ISD. He said "the challenges my school district faces with students speaking more than 91 languages are many " he also emphasized how "without the help of non profits like Sewa Houston it would not be possible for school districts to educate these students."

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Sewa Activities Video

## Upcoming Volunteering Opportunities

Serve Houston - October 15th 2016 - Hermann Park - Help with Park to Port Bike ride [here](#)

SDM camps- February 24th to March 5th 2017. email [info-sdm@sewausa.org](mailto:info-sdm@sewausa.org), for more information click [here](#)



**October 2016 - Volunteer of the month**

Sewa Houston recognizes its fundraising team as the volunteer of the month of October 2016. The core team includes Anita Ravat, Kavita Tewary, Saroj Gupta, Dinesh Shah, Sharda Gadia, Nupur Saptanekar and Anuja Deshpande. and Anusha Jain. The core team met on a weekly basis for several months to plan for the fundraiser. We would also like to recognize all the volunteers on the day of the event including our fabulous youth volunteers. Congratulations to all on a job well done !



## Stop Diabetes Movement Continues

Houston September 25, 2016: Sewa International and VYASA organized two ten-day yoga camps from Sep 16 th to 25 th . The camps were held simultaneously at two locations in the Houston area (Sugar Land and Katy). The camp is specially designed for diabetic and pre-diabetic people to help them manage and control diabetes with yoga routine and holistic approach. SDM camps are being conducted all across the country with 11 Camps conducted in Houston area so far and 20+ camps in USA. More than 160+ people have participated in these camps, from all walks of life, since the time these camps started in Houston area. [READ FULL ARTICLE...](#)



## Serve Houston at Medical Bridges

Houston October 1, 2016: Sewa team was assigned to sort the medical supplies for shipment to those in need in developing countries. Supplies were to be sorted by type and quantity to ensure they meet requisite expiration dates. The Medical Bridges staff welcomed the volunteers wholeheartedly and openly answered every question. The volunteers were given a brief tour of the premises and trained for the activity.