

January/ February 2023

Sewa International Indianapolis Chapter

CHAPTER HIGHLIGHTS

- Annual HolidayTree Drive
- Surya Namaskar Yogathon
- Grace Food Pantry
- HTCI Volunteering
- GrassrootsOrientation

Holiday Tree Recycling Drive

January 22, 2023

As a collaboration with the Carmel Clay Parks & Recreation(CCPR), we collected used Christmas Trees. This allowed for the CCPR to properly recycle the trees. LEADs helped with collecting the trees and directing traffic.

Grassroots Orientation

January 28, 2023



LEADs were given an orientation with information about what to expect and what was needed of them when volunteering with Grassroots Projects NGO.











NEWSLETTER

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Surya Namaskar Yogathon

January 15-29, 2023

LEADs participated in the Surya Namaskar Yogathon and SNY Proclamation organized by HSS Carmel this year as well as celebrating the. This event was over three weeks where LEADs got to participate in fun games as well as practice some yoga. Not only did LEADs get active in the events, they also helped keep count of the amount of Surya Namaskars preformed by attendees.













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Grace Food Pantry

January 17, 2023

LEADs help with organizing inventory such as toiletries and canned goods. They also helped with storing organized inventory in their respective areas throughout the food pantry.





HTCI Volunteering

January 28, 2023

Our chapter collaborates with the Hindu Temple of Central Indiana(HTCI) on a quarterly basis. This month LEADs helped clean up the playground area as well as distribute mulch throughout the back area of the temple. LEADs also helped with shoveling snow from walkways and move items such as wood.







NEWS LETTER

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CHAPTER HIGHLIGHTS

- Grace Food Pantry
- SecondHelpings
- DTL Kickoff
- HTCIVolunteering
- Founders ParkMaintenance

Grace Food Pantry

February 6, 2023



February 12, 2023

As part of the Sewa International, they offer a intriguing course caled Design to Lead known as DTL which is led by Stanford Professor Anurag Mairal. This program teaches students how to use the principles of design thinking to solve society's problems. The Indianapolis Chapter currently has three teams apart of the program and participating.







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Second Helpings Serve Indiana

February 11, 2023

This month our chapter started its Serve Programm. Our first event that was a part of this program was a collaboration with the non-profit organization called Second Helpings. This organization helps with food rescue, hunger relief and culinary job training. LEADs helped with organizing inventory, packing food to be given. LEADs also helped with preparing food to be made for the















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HTCI Volunteering

February 12 & 18, 2023 In preparation for the festival Mahashivratri, LEADs helped with cleaning the mandirs where the different gods are. They also helped with cleaning different pooja items.

On the day of Shivratri, LEADs were a major part of running the kitchen area. LEADs were directing traffic, selling food and restocking the serving area to keep the sales moving efficiently.

Founders Park

February 20, 2023

This month for our monthly event at Founders Park, LEADs went around the park and picked up litter. We also had LEADs picking up weeds from a certain area of the park.











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Newsletter Team



Ananya Yemme Grade 8 Interests: Spending time Outside, Being with Family and Friends



Harshita Vallepalli Grade 8 Interests: Playing sports, Spending time with people



Akshita Mishra Grade 8 Interests: Running, spending time with family Fav. Part of Sewa: meeting new people





Integrity, insight, and inclusiveness are the three essential qualities of leadership.

- Sadhguru



For more questions please email: indysewa@gmail.com or Serve.indysewa@gmail.com

Check us out:





@Sewa International USA, Indianapolis



UPCOMING EVENTS

- Postcard with Purpose 03/04
- Grace Food Pantry 03/07
- Indiana Diaper Bank 03/10
- Second Helpings Serve Indiana 03/11
- Data Exploration 03/11
- Center for Interfaith 03/19
- Indiana VEX Robotics Championship 03/24-25
- Founders Park 03/26
- Annual Diaper Drive as begun