



NEWSLETTER

Sewa International- New Jersey & New York

Partner Spotlight: Conversations to Remember (C2R)



Volunteering made easy

Volunteer virtually, right from your home or dorm. Hop on a video call from anywhere to do your part to improve a lonely senior's day.

Sewa North Jersey chapter partners with Conversations To Remember. C2R was started by a 16yr old high school student. It is a New Jersey based nonprofit organization that arranges for high school and college student volunteers to have weekly virtual visits with residents of senior living communities with one goal; to put smile on the face of residents.

Sewa North Jersey LEADs partnered with C2R this year and signed up to talk with seniors virtually. They also met with individuals virtually on a weekly basis. In addition to this, they created over 300 handmade cards that were delivered at local senior communities. It was a rewarding and experience to all volunteers who participated.

As we continue our partnership with C2R, North Jersey chapter would like to invite youth as well as adult volunteers from all over the US that are interested to help with C2R to reach out to us to sign-up.

One of our LEAD students shares their experience with us:

“My experience with Conversations to Remember was a unique one; I was doing community service in a way I had never done before. I thoroughly enjoyed conversing with a senior citizen every week as it brightened my day and theirs.” ~Aarav Mulinti

Temple Volunteer: October 13, 2021

Members of Sewa North Jersey volunteered to help with parking during the festival of Dashehra at Sanatan mandir



Montville Day: October 3, 2021

Sewa volunteers participated in Montville Day as a community outreach.

The event was attended by over 2000 NJ residents from in and around Montville. Many people stopped by the booth to learn about our activities and sign up to volunteer in future events and stay informed on our projects.



#SewaDiwali Food Drive: October 2021

#SewaDiwali is an initiative by Dharmic communities, individuals, and organizations like Yoga, Spiritual, Hindu/Buddhist/Sikh/Jain centers, Temples, Gurudwaras, Linguistic and Indian socio-cultural organizations who believe in the Sewa, i.e., Service to Humanity is Service to Divinity. Sewa North Jersey chapter partnered with over 200+ organizations to collect food to be distributed to local food pantries and soup kitchens.

Thanks to all of our supporters, Soup kitchen team delivered about 1600 pounds of non-perishable food items to the Morris Plains & Lake Hiawatha food pantries for the month of October.

SewaDiwali food drives continues through November 21. Please contact us for drop off locations if you would like to contribute.



Volunteer Spotlight: Brahm ji Parasher



Brahm ji Parasher, inspired by a firm belief in 'vasudhaiva kutumbakam', joined Sewa a few years back for an opportunity to selflessly serve the community at the grassroots level. During the pandemic, Brahm ji stepped up to co-lead the Sewa's monthly food drive to help out local communities through food pantries and soup-kitchens. In his spare time, he enjoys volunteering for various causes close to his heart including Sewa, Girls in STEM and Bridging the Digital Divide.

Brahm ji is an IIT graduate from India and has a master's in electrical engineering from Rutgers and



MBA in Finance and Strategy from NYU Stern and holds several patents. He works in telecom sector as a member of corporate strategy responsible for driving profitable growth through strategic partnerships. He resides in Montville with his wife and two children.

Upcoming Events

1. Sewa Diwali food drive Oct 5 – Nov 21
2. Highway Cleaning Nov 13



#SewaDiwali
Service to Humanity is Service to Divinity
 October 5th - November 21st, 2021

This Diwali donate food to the needy. All proceeds will benefit local food pantries and soup kitchens in Parsippany, Montville, Lake Hiawatha, Morris Plains.

Items you can donate:
 Peanut butter, jelly, pancake mix, crackers, cereal, coffee, canned soup, canned fruits, pasta, jello, cookies, shelf stable and powdered milk, spaghetti sauce (no glass please), boxed mac & Cheese, canned beans, meals in box, apple sauce, diapers, dried herbs & spices, and toiletries

Drop off items between 9am - 6pm
 Sid ji: 183 Autumn Ridge, Morris Plains Krupali ji: 107 Janelle Blvd, Parsippany
 Chandra ji: 5 Oxford Dr, Montville Rashmita ji: 9 Coleman Ter, Tenally
<https://sewadiwali.org/>



SEWA USA ENVIRONMENT PROTECTION SUPPORTS CLEAN COMMUNITY PROGRAM

HIGHWAY CLEANUP DAY
NOV 13TH 8:30 AM
 VOLUNTEERS MEET AT SMITHFIELD PARK

LOC: PARSIPPANY, RT 46 BETWEEN MILEPOST 48 & 49 BOTH SIDES OF ROAD.

Late Fall SCHEDULE EVENT

Sewa USA International
 Sewa USA North NJ Chapter volunteers are working in partnership with NJ Clean Communities Council.

Visit our Chapter Website, Facebook, and Instagram Pages:

- <https://sewausea.org/Chapter/NewJersey>
- <https://www.facebook.com/SEWANorthNJ>
- <https://www.instagram.com/sewanorthjersey>

Sewa urges everyone to practice social distancing, follow CDC guidelines & remain safe.

Helpful Links:

- <https://www.cdc.gov> - Official site to get updates on COVID-19
- <https://nj.gov> - New Jersey State update on COVID-19
- <https://www.ny.gov> - New York State update on COVID-19

“We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop” ~ Mother Teresa

Om Sarve Bhavantu Sukhinah