

Bay Area Team 1: Food Insecurity in Underserved Communities

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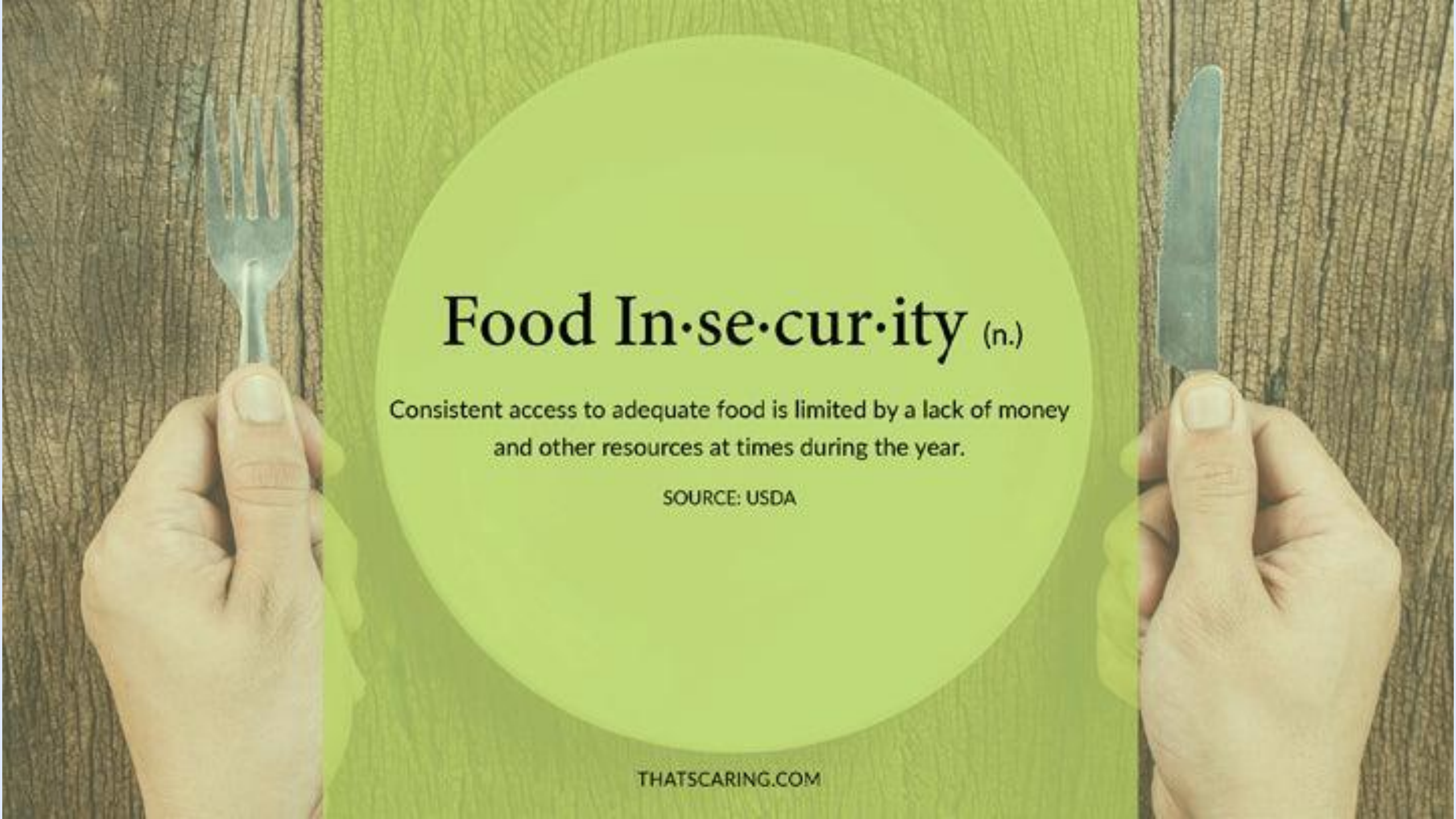
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Agenda

1. What is Food Insecurity?
2. Research
3. Need Statement
4. Interviews





Food In·se·cur·ity (n.)

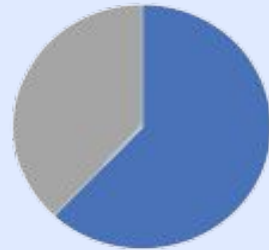
Consistent access to adequate food is limited by a lack of money and other resources at times during the year.

SOURCE: USDA

Key Insights from Research



57% of students across the UC's struggle with food insecurity



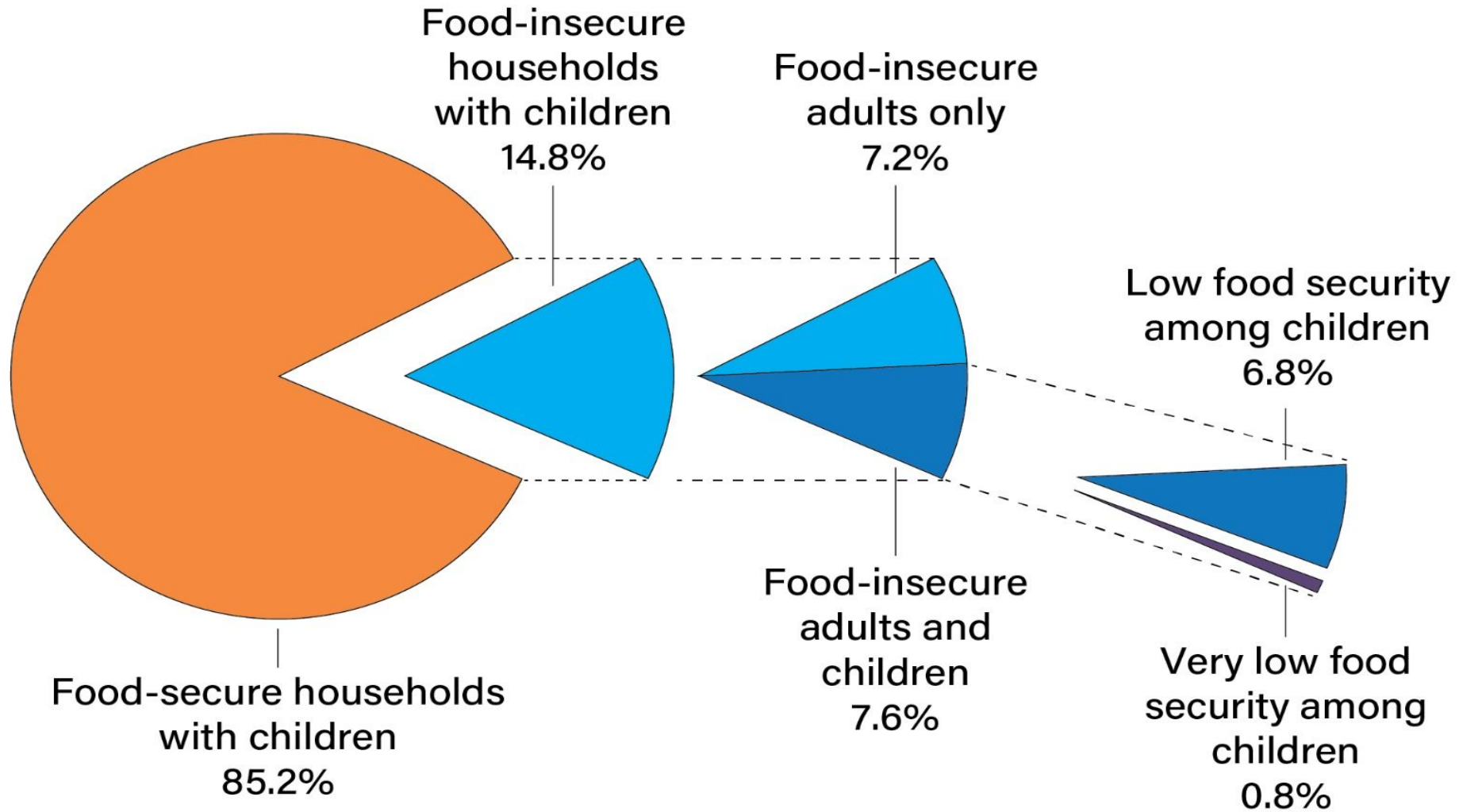
62% of UCR students struggle with food insecurity



1 in 4 graduate students struggle with food insecurity

- Fear of running out of food due to:
 - Inflation
 - Covid-19 pandemic
 - Being away from food distribution sites/grocery stores
- Food banks helped

In 2020, food insecurity affected 14.8 percent of households with children



Note: In most instances, when children are food insecure, the adults in the household are also food insecure.

Final Need Statement

- **Topic: Food insecurity in underserved communities**
- **Problems:** Lack of nutrition, meals, places to obtain food, and safety
Target Population: Underserved communities in the bay area and those with less opportunities
- **Outcome:** Improving access to food, food quality, and nutrition



Interviews

ALAS Interview

- Spoke with the office coordinator
- Provide a food pantry twice a month
- Have a shop open Mon-Fri where people can drop in for other goods
- Many have to choose between paying rent or eating
 - Essential workers and farmworkers suffer the most from this issue because their wages are very unfair
- Feel that the best way to combat this issue is to bring awareness to gather more support



Hunger at Home Interview



- Spoke with the office coordinator
- Founded in 2020 by an 8 year old
- Has saved, produced, and distributed over 9.4 million meals since then
- Emphasizes on awareness, education, and mutual understanding

Hunger at Home Interview Pt. 2

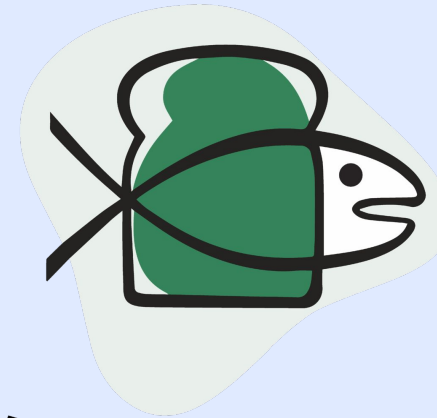
- Lack of food ≠ issue since there is an abundance of it
- The issue is lack of **awareness** of food insecurity
- Solution:
 - Educating people about food insecurity & food wastage
 - Safely handling the food and making sure that it goes under the proper temperature & care
 - Making sure that it's distributed correctly



Loaves & Fishes Interview

- Main cause of food insecurity in the Bay Area is the high cost of living
- Covid-19 caused food needs to quadruple but also created less funding from corporate partners such as Meta
- Current biggest problem is funding

LOAVES & FISHES



FAMILY KITCHEN



Thank you for
your time!